
SUSTAINABLE HOME GARDEN INITIATIVE PROJECT (SHIP), PYUTHAN

**ANNUAL REPORT
JULY 2024 TO JUNE 2025**

SUBMITTED BY



RATNANAGAR -9 CHITWAN, NEPAL

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SUBMITTED TO

THE CHARITABLE FOUNDATION, AUSTRALIA

GLOBAL DEVELOPMENT GROUP, AUSTRALIA

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EXECUTIVE SUMMARY

The Sustainable Home Garden Initiative Project (SHIP), implemented by SAHAVAGI in partnership with The Charitable Foundation (TCF) and Global Development Group (GDG), was launched in Gaumukhi Rural Municipality, Pyuthan, with the aim of enhancing household food security and income through sustainable home gardening practices. This report covers the first year of implementation, from July 1, 2024, to June 30, 2025. The project began with the establishment of a field office and the completion of a baseline survey to assess community needs and set benchmarks for implementation. Following this, 12 Local Resource Persons (LRPs) were selected from the local area, empowered and capacitated through a series of orientation sessions, as well as basic and topical training programs. These LRP s were then mobilized across all seven wards, successfully reaching 398 households with technical support and guidance.

All participating households were trained in the construction of organic compost pits and the preparation of jholmol (organic bio-fertilizer), with practical application in their home gardens. To support these practices, each household received essential tools, including watering cans, drums, and sprayers. Additionally, 75 households representing 20% of the total beneficiaries were provided with extra gardening tools as recognition of their active participation and good performance in home gardening practices. A total of 382 households received seasonal vegetable seeds, while 386 households were supported with 1,779 fruit saplings, far exceeding the initial target of 276 due to high farmer demand. For fodder planting, farmers used locally available cuttings and seedlings to supplement their home gardens.

A local nursery manager was selected and trained to serve as a potential agro-entrepreneur, responsible for raising quality seedlings and ensuring timely distribution of saplings at the community level. The nursery manager was also provided with essential gardening tools to support this role. The project emphasized continuous learning and adaptive implementation through structured events, including a half-yearly review meeting, a participatory monitoring and evaluation (PM&E) program, and an annual progress review meeting with broad stakeholder participation. Throughout the year, coordination with the Rural Municipality and ward offices remained strong. Local government officials expressed their support for the initiative and committed to future collaboration and funding. The project's first year successfully laid a solid foundation for sustainable home gardening, local resource mobilization, and community-led development. Building on this momentum, SHIP is well-positioned to expand its reach and deepen its impact in the years ahead.

1.0 PROJECT INFORMATION

1.1 **NO. AND NAME OF PROJECT:** TCF: - 245; GDG: - JI211, Sustainable Home Garden Initiative Project (SHIP), Pyuthan

1.2 **LOCATION / COUNTRY:** Gaumukhi Rural Municipality, Pyuthan, Lumbini Province, Nepal

1.3 **PROJECT TIME-FRAME:** START: 01/07/2024 FINISH: 30/06/2029

1.4 **ANNUAL PLAN PERIOD:** (01/07/2024 – 30/06/2025)

1.5 **REPORTING PERIOD:** 1st July to 30th June 2025 (Year 1)

1.6 IP DETAILS:

Name: SAHAVAGI

Address: Ratnanagar Municipality-09, Dhikuwa, Sahavagi Marga, Chitwan, Nepal

Telephone no: +977-56-561353

Email: sahavagico@sahavagi.org.np

Website: www.sahavagi.org.np

PAN No.: 300334430

1.7 PROJECT DESIGN SUMMARY:

GOAL(IMPACT)	Increased income of participating farmers in Gaumukhi Rural Municipality through agricultural activities
PURPOSE (OUTCOME)	Increase agriculture productivity, skill and knowledge through practice of home garden and related activities
OUTPUTS	<ol style="list-style-type: none"> 1. Farmers understand the importance of diversifying natural food sources, implement at HH level and practice sustainable soil management. 2. Farmers capacity developed to sustain agricultural practices and improve knowledge of post-harvest technology and practices 3. Program management, implementation, monitoring and evaluation of change at the local level

1.8 IP CONTACT DETAILS:

NAME	POSITION	CELL NO	EMAIL
Shaligram Sharma	Chairperson	+9779855058458	sschitwan@gmail.com
Shubharaj Sharma	Office-in-charge Central office	+9779855054495	paudelsr52@gmail.com
Hari Prasad Acharya	Program Officer Central Office	+9779841573532	hari.acharya2013@gmail.com
Nishan Khatri	Field Coordinator-Agriculturist	+9779865509920	nishankhatri1234@gmail.com

2.0 COMPLETED ACTIVITIES

2.1 Project Site Selection and Data Collection Visit

With the approval of the Home Garden Project concept note by the TCF Board, Program Officer Saroj Raj Poudel took on the responsibility of writing a detailed proposal for the project. To support this effort, EC Chairperson Shaligram Sharma and Board member Birbhadra Acharya visited Pyuthan District from March 11 to March 16, 2024. During their visit, they met with key stakeholders, including the Chief of the District Coordination Committee Pyuthan, the District Administration Officer of Pyuthan, the Chief of the Prime Minister Agriculture Modernization Project (PMAMP), and the Gaumukhi RM Chairperson. They conducted a field visit within Gaumukhi Rural Municipality and collected preliminary data.

2.2 SAHAVAGI and TCF Team Visit to Program Site

TCF CEO Peder Nygaard Pedersen, along with the SAHAVAGI team, completed a site visit to Gaumukhi Village ahead of the project's implementation date of July 1, 2024. The visit, which lasted from June 26 to 28, aimed to assess the program site, orient stakeholders about the program, and discuss collaboration with the Rural Municipality. SAHAVAGI team included Chairperson Shaligram Sharma, Program Officer Saroj Raj Poudel, and FC Nishan Khatri. During the visit, a meeting was held with Gaumukhi RM chairperson Bishnu Kumar Giri, other public representatives, Chief Administrative Officer Tulsiram Poudel, and various municipal officials and stakeholders. Sharma and Poudel introduced the participants to SAHAVAGI and oriented the SHIP project, and CEO Peder Nygaard Pedersen engaged in a Q&A session. He discussed the project's potential to create opportunities for local youth, emphasizing the importance of keeping families together despite the trend of seeking employment abroad. After the discussions, the municipality arranged tours for the TCF team and participants to various agricultural sites, irrigation facilities, and meetings with lead farmers.

2.3 Field Office Setup

In the first week of July, FC Nishan Khatri established the temporary field office with the support of Rural Municipality officials, laying the groundwork for project implementation. During this period, a local social mobilizer and office helper were recruited to support the field operations. Together, the team initiated the office setup process, procured necessary items for day-to-day functioning, and began the search for a suitable permanent office location. The central office also provided essential equipment, including a laptop and printer, which were handed over to the field team. The permanent office was finalized in Gaumukhi-5, conveniently located near the Rural Municipality office. After relocating from the temporary space, all planned office materials were acquired, completing the initial setup process. A rental agreement for 11 months, with the option for extension, was signed with the property owner.

2.4 Program Approval from Regulatory Agencies

The project successfully secured the required approvals from relevant regulatory bodies. An official approval letter was received from Gaumukhi RM on June 9, 2024, followed by another from the Social Welfare Council (SWC) on August 28, 2024. While the approval process with Gaumukhi RM was straightforward, obtaining clearance from the SWC involved multiple visits to Kathmandu from the central office team. Approval from the District Administrative Office (DAO), Pyuthan was obtained on January 12, 2025, following continuous follow-up efforts that had been started right from the start of the project.

2.5 Program Baseline Survey

The baseline survey was successfully conducted across all seven wards of Gaumukhi Rural Municipality, gathering data from 361 households through a proportionate random sampling technique. In consultation with the Program Officer, the Field Coordinator (FC) developed and finalized the survey questionnaire in Nepali, as well as recruited and trained seven enumerators one representing each ward and closely supervised the entire survey implementation from August 14 to 31, 2024. Field supervision was conducted by the Social Mobilizer under the direct guidance of the FC. Upon completion of data collection, the FC carried out detailed data analysis and compiled the baseline survey report. This report offers an in-depth overview of the socio-economic conditions of households, current agricultural practices, home gardening and nutrition, environmental and resource management, access to development services, community awareness and participation, as well as existing challenges and community needs. The finalized report was submitted to TCF and GDG in December 2024. The baseline survey report serves as a vital resource for evidence-based planning, strategic decision-making, and targeted resource allocation throughout the project's implementation. The following individuals served as ward-level enumerators during the baseline survey:

S.N.	Name of Enumerator	Ward Surveyed	Number of days involved	Number of HH interviewed
1	Sanam Pun Magar	1	10	38
2	Sirjana Rana	2	10	38
3	Deuram Buda Magar	3	17	68
4	Sabitra Jaisi	4	18	72
5	Sunil KC	5	14	54
6	Sunita Sunar	6	11	42
7	Anish Puri	7	13	49

2.6 Finalization of LRP guideline 2081

To ensure consistent, effective, and accountable field-level implementation of activities by LRP, a comprehensive guideline document (available in Nepali) was prepared by the Office-in-Charge and the Program Officer. This document aimed to standardize the procedures of LRP mobilization right from the stage of selection. The document outlines the following:

- a) **Selection Criteria:** Specifies qualifications, age, physical health and strength, ability to lead and educate others, local residency requirement, existing agriculture knowledge and preferred experience, commitment and motivation.
- b) **Roles and Responsibilities:** Includes preparation of monthly plans, establishing and management of home gardens, act as local resource centre, train farmers, and distributes materials and monitoring steps.
- c) **LRP's home garden assessment form:** This form evaluates the status of the home garden maintained by LRP, including land requirements, crop diversity, nursery management, use of technology, irrigation status, use of manures and fertilizers, composting and bio-pesticide use using a scoring system.
- d) **LRP reporting form:** This form outlines the activities conducted in the field by LRP in line with the monthly plans and collects data, including the farmer's name, family size, land area, services provided (new or ongoing household), and details on indirect beneficiaries who have been influenced by the activities demonstrated by the respective farmer.

2.7 Selection of Local Resource Persons (LRPs)

A total of 12 Local Resource Persons (LRPs) were selected in coordination with the Agriculture Section of Gaumukhi Rural Municipality and all ward offices. The selection ensured representation from each of the seven wards; one LRP from Wards 1 and 2, and two LRPs from each of the remaining five wards. Selection was based on clear criteria developed by the Field Coordinator and central office, prioritizing individuals actively involved in agriculture with adequate land to establish home gardens and serve as model households. During implementation, two LRPs from Ward 3 dropped after the basic training phase. In response, and in consultation with the respective ward officials, two new LRPs were selected and equipped with additional training and support from the field staff to ensure that they were well-prepared for their roles and could effectively serve their communities.

Below is the list of selected LRPs and their respective working wards:

S.N.	Name	Gender	Ward
1	Muna Thapa	F	1
2	Muna Thapa Magar	F	2
3	Sabina Malla	F	3
4	Nanjita Gauchan	F	3
5	Hari Bahadur Sunar	M	4
6	Mohan Giri	M	4
7	Ujela K.C.	F	5
8	Shanta Kunwar	M	5
9	Rabina KC	F	6
10	Ishwor Bahadur Oli	M	6
11	Prakash Khadka	M	7
12	Kalpana GC	F	7

2.8 Project Orientation to Stakeholders and Local Resource Persons

The field office conducted an orientation program for representatives from the Gaumukhi RM and LRP s on 29th September 2024 in Gaumukhi RM conference hall. Stakeholders that represented in this orientation program were Mayor Secretary, Livestock section, Agriculture Section, Nutrition facilitators. The program introduced SAHAVAGI as the implementing organization highlighting the goals, objectives, key outputs, and activities of the Sustainable Home Garden Initiative Project (SHIP). It also included the LRP development and mobilization model and provided a brief project financial information.

Participants:

Program Management Team	Male: 3 persons
Representative from RM	Male: 10 and Female: 6
LRPs	Female: 5 and Male: 7
Total	31 persons

2.9 LRP Development Basic Training

The LRP development basic training was conducted in two parts: October 25–27 and November 22–23, 2024. The training combined theoretical sessions with practical demonstrations to equip all 12 LRP s with essential skills for initiating home gardening activities and engaging their respective communities in Gaumukhi Rural Municipality. The training syllabus, methodology, and schedule were developed by the Program Officer and FC–Agriculturist and shared with TCF and GDG for reference. Training presentations were prepared by the trainers in close coordination with the FC–Agriculturist, who also contributed to their finalization. A detailed training accomplishment report was submitted to TCF and GDG.

Training Achievements (Outcomes):

The basic training program for Local Resource Persons (LRPs) achieved the following key outcomes:

a. **Improved understanding of SAHAVAGI and the SHIP project:**

LRPs gained clear insights into the organization's mission, the goals of the Sustainable Home Garden Initiative Project (SHIP), and their role within it.

b. **Familiarization with the LRP Model:**

Participants were introduced to the concept and structure of the Local Resource Person model, helping them understand their responsibilities as grassroots change agents.

c. **Capacity for Field Mobilization and Reporting:**

LRPs were equipped with essential skills for mobilizing farmers, preparing mobilization action plans, maintaining field-level documentation, and understanding the process for incentive claims.

d. **Enhanced skills in group outreach and facilitation:**

LRPs learned practical strategies for conducting farmer group sessions, outreach activities, and on-site training, including how to engage diverse community members effectively.

e. **Basic technical knowledge in home gardening and sustainable agriculture practices:**

LRPs received foundational training on key agricultural topics such as:

i. Home garden planning and management

ii. Compost and jholmol preparation (organic soil management)

- iii. Nursery management for fruits and vegetables
- iv. Efficient water use and rainwater harvesting
- v. Fruit orchard and fodder crop management
- vi. Integrated Pest Management (IPM) and organic pest control
- vii. Seasonal crop planning, crop rotation, intercropping, and off-season cultivation

f. Hands-on learning through field demonstrations:

Practical sessions helped LRP s observe and practice composting, jholmol preparation, and vegetable cultivation techniques, enhancing their confidence to replicate and teach these methods.

g. Preparedness for community engagement:

By the end of the training, LRP s were better prepared to act as resource persons within their communities ready to deliver technical support and promote sustainable home gardening practices.

Facilitators and Trainers

The training was led by experts in agriculture and facilitation, including:

SAHAvgi	GAUMUKHI RM
1. Shaligram Sharma, Chairperson 2. Dr. Ek Narayan Paudel, EC member and M&E Department Head 3. Shubharaj Sharma, Office-in-Charge 4. Saroj Raj Paudel, Program Officer 5. Nishan Khatri, FC-Agriculturist 6. Kashyap Puri, SM-Agriculture	1. Paban Paudel, Agriculture Officer 2. Bhimlal Sharma, Veterinary Officer 3. Rakesh Kumar Singh, Veterinary Technician

2.10 LRP Mobilization and Household Coverage

Following the completion of basic development training, Local Resource Persons (LRPs) were placed and mobilized in the field. By the end of Year 1, LRP s were mobilized for a total of 1,130 days, reaching 398 households across all the seven wards of Gaumukhi rural municipality. Each LRP began by establishing a model home garden at their own residence, demonstrating practical techniques to nearby farmers. Then they provided training on home gardening concepts, the construction of compost pits, and the preparation and use of jholmol a locally made organic fertilizer and bio-pesticide. As a result, all 398 households successfully built compost pits and prepared jholmol. LRP s also supported them in the distribution of vegetable seeds, fruit saplings, and gardening tools, while regularly monitoring household progress and reporting to the field office. Their continued engagement ensured that the knowledge shared was effectively applied, helping to build local capacity and promote sustainable agriculture practices within the community.

2.11 Monthly Review and Planning Meetings at Field Level

To ensure effective field-level implementation and continuous improvement, the field office organized monthly review and planning meetings with Local Resource Persons (LRPs) and field staff throughout the year. These meetings served as a platform to assess progress, share feedback, and strengthen coordination. Each meeting involved a review of the LRP s monthly reports, discussion of achievements, challenges, and lessons learned from the field. Constructive feedback and suggestions

were provided to improve the quality and consistency of fieldwork. LRP s also submitted their written monthly reports, which were reviewed and archived at the field office for documentation and future reference. In addition, LRP s received their monthly action plans during these meetings, helping them plan and organize upcoming activities in alignment with project goals. All meetings were properly documented and minuted, contributing to transparency, accountability, and informed decision-making at the field level.

2.12 Half Yearly Review Meeting with RM

SAHAVAGI conducted a half yearly progress review meeting of the Sustainable Home Garden Initiative Project (SHIP) in Gaumukhi Rural Municipality Office, Pyuthan, on January 26, 2025. The meeting was chaired by Shubhraj Sharma, Office-in-Charge of SAHAVAGI Central Office. The review meeting saw the participation of the Chief Administrative Officer of RM, chairpersons from six wards, 7 staff members from the municipality's agriculture section, 4 other staffs from RM, 11 local resource persons (LRP s), 3 field office staffs, and 3 participants from SAHAVAGI's central office, totalling 35 participants.

The meeting served as a platform to present project achievements from July to December 2024, strengthen coordination, and gather stakeholder feedback. Progress was presented by Program Officer Saroj Raj Poudel and Field Coordinator Nishan Khatri, reinforcing stakeholder understanding of SHIP activities and outcomes. Stakeholder discussions highlighted increased collaboration between SAHAVAGI, the municipality, and LRP s. A review of LRP performance confirmed aligned with SAHAVAGI's standards and guidelines for effective home garden development.

Key Suggestions and Commitments:

- ✓ **Ensure Quality Planting Materials:** Ward officials urged SAHAVAGI to maintain high standards and transparency in the distribution of fruit seedlings, citing past experiences of low-quality inputs from other organizations.
- ✓ **Strengthen Coordination:** Improved communication and alignment between SAHAVAGI and ward offices were emphasized, especially to avoid duplication and enhance program impact.
- ✓ **Promote Organic and Sustainable Practices:** Participants encouraged SAHAVAGI to prioritize organic methods and appropriate technologies for long-term sustainability.
- ✓ **Build Local Capacity:** Elected representatives recommended training for local farmers in producing fruit saplings, fodder plants, and medicinal herbs to bridge knowledge gaps.
- ✓ **Institutional Support:** Chief Administrative Officer Mr. Tulasi Ram Poudel assured continued support for SHIP through coordination, technical guidance, and local alignment for effective implementation.
- ✓ **Commitment to Collaboration:** Chairperson Mr. Shubhraj Sharma acknowledged SAHAVAGI's complementary role to government efforts and committed to future collaboration, including involving beneficiary farmers in future reviews. He drew on SAHAVAGI's long-standing success in districts like Achham, Darchula, and Humla, where strong local partnerships sustained impact for over two decades.

Key suggestions from the review meeting have been acknowledged, and follow-up actions have been initiated. Coordination with ward offices has been strengthened, quality assurance in planting materials is being prioritized, and farmer trainings are being planned based on local recommendations to improve the effectiveness and sustainability of the SHIP project.

2.13 LRP Development Topical Training

The Local Resource Person (LRP) Development Topical Training was conducted in two parts: January 22–25 and March 23–25, 2025, at the LRP Hall, Branch Office, Gaumukhi–05, Pyuthan. The training combined theoretical sessions with practical demonstrations, aiming to enhance LRP's technical knowledge and skills in managing soil health, addressing local farming challenges, and cultivating vegetables, fruits, medicinal, and ornamental plants suited to the region. The training syllabus, methodology, and schedule were developed by the Program Officer and FC–Agriculturist, based on local needs and their technical expertise. Training materials, including PowerPoint presentations, were prepared by the trainers in close coordination with the FC–Agriculturist, who also contributed to final content validation. A comprehensive training accomplishment report was prepared and submitted to TCF and GDG, documenting the content, participation, and outcomes of the sessions.

Training Achievements (Outcomes):

- a. Enhanced knowledge of sustainable agriculture practices tailored to the local context.
- b. Improved skills in vegetable, fruit, medicinal and off-season crop cultivation.
- c. Participants gained a better understanding of crop profitability and market trends, supporting their transition toward market-oriented farming.
- d. Improved understanding and practical skills in sustainable soil, pest, and water management among LRPs.
- e. Built confidence in farmer mobilization and facilitation, enabling LRPs to lead training and outreach effectively.

Trainers

SAHAVAGI	Gaumukhi RM
1. Shubharaj Sharma, Office-in-Charge 2. Ramkrishna Ghimire, Agriculture Expert 3. Saroj Raj Paudel, Program Officer 4. Nishan Khatri, Field Coordinator	1. Rakesh Kumar Singh, Veterinary Technician 2. Gehendra Yadav, Agriculture Technician 3. Birendra Khadka, Agriculture Technician
Training Coordinator	Logistics
1. Nishan Khatri, FC-Agriculturist - SAHAVAGI	1. Kashyap Puri, SM-Agriculture- SAHAVAGI 2. Tuklal Jaisi, Office helper -SAHAVAGI

2.14 Selection and Capacity Enhancement of Local Nursery Manager

In coordination with the Agriculture Section of Gaumukhi Rural Municipality, Mr. Bishnu Pun was identified as a potential Nursery Manager to support the project's nursery development objectives. Recognizing the importance of building local technical capacity, Mr. Pun attended a Nursery Management Training at the Himalayan Permaculture Centre in Chingad, Surkhet. His travel for training lasted between February 20-27, 2025. The training focused on sustainable nursery management, plant propagation techniques and several other technical aspects of nursery. Teaching

method combined practical knowledge with hands-on activities across various nurseries. A detailed report was already shared with TCF and GDG.

Key Learnings and Activities

The 8-day exposure visit to Chingad Rural Municipality provided valuable insights on nursery management and horticultural practices. Initial few days were focused on orientation and planning with HPC CEO Bhuwan Khadka. The team visited various nurseries, gaining hands-on knowledge in site selection, soil preparation, bed layout, mulching, water and nutrient management, composting, organic practices, and pest control. Specific attention was given to nurseries of Lapsi, Cardamom, Walnut, Jackfruit, Avocado, and seasonal vegetables such as Snake Gourd, Bitter Gourd, Beans, Eggplant, and Cucumber. Advanced techniques such as grafting, pruning, and irrigation were observed in the case of Almond, Cashew, Peach, and Citrus (Orange, Lemon, Pear, Jamun) nurseries. The visit also included learning from fodder and forage nurseries like Napier and Mulberry, along with agroforestry practices.

Key Achievements:

- ✓ **Enhanced Technical Capacity of Local Nursery Manager:**
Through field-based training, Mr. Bishnu Pun acquired practical and advanced skills in nursery establishment, plant propagation, organic pest management, and agroforestry practices enabling him to lead local nursery operations more effectively.
- ✓ **Improved Access to Quality Planting Materials:**
The nursery is expected to produce a steady supply of high-quality seedlings for fruit, vegetable, and fodder crops directly supporting local farmers and contributing to food security and income generation. Plans are underway to expand the nursery to include orange, lemon, grapes, walnut, and guava, aiming to diversify production and increase availability of valuable planting materials.
- ✓ **Supply of Planting Materials to the Project:**
Following the training, Mr. Pun successfully supplied approximately 500 strawberry seedlings, guava, and Orange saplings to the project, directly supporting local farmers with improved planting materials.
- ✓ **Knowledge Transfer in Motion:**
Mr. Pun has begun sharing key learning with farmers, contributing to wider community awareness and adoption.
- ✓ **Strengthened Networking and Technical Collaboration:**
Mr. Pun has established stronger links with nurseries in Surkhet, Chingad, and the Himalayan Permaculture Centre (HPC). This network has enabled him to regularly seek expert advice, share best practices, and receive technical support, enhancing the quality and sustainability of nursery operations in Gaumukhi RM.

2.15 Seed Distribution to Farmers

Seasonal vegetable seeds were distributed to farmers through Local Resource Persons (LRPs) as part of the project's effort to support the establishment and maintenance of home gardens a key component of the project. During the spring-summer planting period (February–April), 382 out of 398 households beneficiaries received vegetable seeds, including cucurbits, tomato, chili, okra, brinjal, cowpea, capsicum, and beans varieties well suited to the

season. In preparation for the upcoming monsoon planting season (July–August), seeds of cauliflower, cabbage, broccoli, leafy greens, radish, turnip, beetroot, coriander, and spinach have already been procured. These will be distributed at the onset of the appropriate planting window to ensure timely cultivation. This seasonal approach ensures timely cultivation and promotes year-round home garden productivity across beneficiary households.

2.16 Distribution of home gardening tools and equipment's to LRP's and Farmers

In line with the project provision to support 20% of the total households covered, 75 households were initially selected in consultation with Local Resource Persons (LRPs) and verified by project field staff. These households received essential home gardening tools such as gardening pipes, sprinkler, knapsack sprayer, hand sprayer, watering can, secateur, knife, rake, trowel, gardening fork, drum, measuring tape, pheromone trap, garden saw, garden gloves, and weighing machine aimed at enhancing cultivation efficiency and promoting sustainable gardening practices.

In response to strong interest from farmers in adopting organic techniques particularly Jholmol (liquid manure) preparation the project also facilitated wider distribution of specific equipment. Although there was no provision to distribute such items to all households, low-cost tools such as 60-liter drums, 2-liter hand sprayers, and watering cans were provided based on farmer's demand, without compromising the quality and budget allocated for the core 20% equipment support. As a result of this responsive approach, every household is now actively preparing and applying Jholmol in their home gardens, reflecting a growing shift toward eco-friendly, resource-efficient practices. This grassroots uptake of Jholmol has strengthened the project's goal of promoting sustainable home gardening and organic soil and pest management at the community level.

2.17 Distribution of Fruit Saplings and Fodder Support

Based on a farmer-led demand collection and need-based assessment, the project facilitated the distribution of 1,779 fruit saplings to 386 households (an average of 4.61 saplings per household), exceeding the initial target of 276 households. This expansion was driven by high farmer interest and seasonal urgency of fruit plantation during the june/july planting window. Local Resource Persons (LRPs) were mobilized to support households in preparing planting pits and ensuring readiness for plantation. Farmers were first instructed to dig planting pits and enrich them with compost or farmyard manure, ensuring favorable conditions for sapling establishment. Only after this preparatory step saplings were distributed.

The distributed saplings included a diverse mix of Mango, Papaya, Orange, Lime, Ground Apple, Litchi, Grapes, Banana, Pomegranate, Strawberry, Guava, Avocado, Pineapple, and Jackfruit, selected based on local suitability and household preference. Field staff, in collaboration with SAHAVAGI's Agriculture Expert, conducted practical training sessions for both LRP's and farmers on proper planting techniques, sapling care, and post-planting management. For the upcoming winter planting season (January–February), additional saplings will be distributed based on household-level demand, ensuring continued support and seasonally appropriate plantation activities. In the case of fodder support, farmers opted to manage fodder and forage cultivation using locally available seeds and saplings within their home gardens. Consequently, the allocated fodder budget was reallocated to meet the increased demand for fruit saplings. This flexible, farmer-prioritized approach ensured that



resources were directed where they would have the most impact, further strengthening household nutrition, food security, and long-term resilience.

2.18 Field Engagement of Staffs

Field Coordinator—Agriculture, Mr. Nishan Khatri, was actively engaged in field operations throughout the reporting year, overseeing the activities of Social Mobilizers (SMs), Local Resource Persons (LRPs), and farmers. He visited all wards under the project area and held informal discussions with ward officials to share updates on ongoing activities and strengthen coordination. As part of the nursery selection process, he conducted a field assessment of a nursery farmer recommended by the Rural Municipality's agriculture section and visited the selected nursery farm to inspect the quality of fruit saplings. He also participated in the distribution of fruit saplings alongside the agriculture expert, providing farmers with technical guidance on fruit planting methods and related practices.

SM—Agriculture, Mr. Kashyap Puri, has been routinely deployed in the field to oversee monitoring, supervision, and facilitation of Local Resource Person (LRP) activities. He has consistently marked GPS waypoints and coded 398 households, while also collecting essential demographic information. The SM gathered comprehensive data on home gardens, including details about vegetables, fruits, medicinal plants, fodder species, compost pits, Jholmol preparation and use, and farmers' tools and equipment needs. In addition, he facilitated group discussions with farmers and LRPs at the grassroots level, offering technical guidance and sharing project-related information. Field verification was conducted for 20% of the households identified by LRPs. The SM also played a key role in supporting the distribution of agricultural tools and equipment, seeds, and fruit saplings.

2.19 SAHAVAGI Team and TCF Chief Executive Meeting in Kathmandu

The meeting held on February 11, 2025, at Hotel Tibet International, Bouddha, Kathmandu, aimed to assess the progress of the SHIP project and ensure that its impact aligns with expectations. The discussion covered key aspects such as project outputs, farmer record-keeping, technical guidance, budget flexibility, and overall project efficiency. Representatives from The Charitable Foundation (TCF) and SAHAVAGI engaged in detailed discussions to address queries, provide updates, and strategize for maximizing project impact.

Participants:

- Peder Nygaard Pedersen, Chief Executive, The Charitable Foundation (TCF)
- Shaligram Sharma, Chairperson, SAHAVAGI
- Saroj Raj Poudel, Program Officer, SAHAVAGI

Agenda:

1. Project progress and impact evaluation
2. Record-keeping by farmers
3. Technical guidance on organic farming and value addition
4. Budget utilization and flexibility
5. Maximizing project impact
6. Budget reallocation and reporting

Key Discussions & Decisions:

- Saroj Raj Poudel provided an update on the project's recent activities.

- Chairperson Shaligram Sharma addressed key points for further discussions.
- TCF CEO had several queries, which were discussed in detail during the meeting.
- TCF emphasized the need to maintain project output at the expected pace to ensure that the overall impact is clearly visible.
- Farmers must maintain detailed records of their production for each season, including the quantity harvested, consumed, sold, and the income generated.
- For any technical advice on organic farming, value addition, or certification schemes, the project team should contact Maheshwar Ghimire, an organic farming expert from SECARD, Nepal.
- If surplus funds remain after covering activity expenses, these may be allocated toward additional activities such as increasing the number of Local Resource Persons (LRPs), expanding target households, or conducting additional capacity-building training.
- The project should focus on both the quantity and quality of work, ensuring that the available resources maximize impact.
- Budget adjustments within activity lines are permissible, provided they do not exceed the overall project budget.
- Any budget or activity adjustments should be communicated to TCF and GDG, and if any issues arise, TCF, GDG and SAHAVAGI will come to find the best possible solutions.

2.20 SAHAVAGI M&E Department Team Visit to Program Site

First Visit

SAHAVAGI board Chairperson Shaligram Sharma and EC member and M&E department head Dr. Ek Narayan Paudyal travelled to Gaumukhi from Nov 21 to 24, 2024. The purpose of the visit was to monitor and evaluate the progress of the "Sustainable Home Garden Initiative Project, Pyuthan" and to impart lectures in the LRP development basic training part 2.

Key Activities & Findings

- **Field Coordination:** Field Coordinator Nishan Khatri effectively managed the field office and facilitated cooperation with local stakeholders, including the municipality. The coordination between the field office, Gaumukhi RM and relevant bodies was noted as strong.
- **LRP Progress:** The project has engaged 12 LRPs who have successfully completed the activities as per the field level planning. LRPs engaged farmers in activities including digging compost pits, preparing jholmol, and constructing kitchen gardens. The LRPs have demonstrated a strong commitment to the project's GPO.
- **Training & Challenges:** A two-day training session was held for LRPs, providing them with essential knowledge and skills on workplace discipline, their specific work areas, and effective planning techniques. However, challenges related to distance and travel times were noted, as some resource persons faced difficulties in timely attendance. Additionally, the training allowances provided were insufficient to cover accommodation and other costs.

Recommendations

- Continue to monitor the effectiveness of LRP mobilization and community engagement.
- Address logistical challenges, particularly travel and accommodation, to ensure punctuality in training sessions.
- Provide additional support to LRPs in terms of resources and allowances during the training sessions.

Second Visit

From May 6 to 9, 2025, Chairperson Mr. Shaligram Sharma and Executive Committee Member Mr. Luk Bahadur Rana visited the program site. During the visit, they participated in the staff meeting, facilitated the progress review session, and led the participatory monitoring and evaluation program. Additionally, they coordinated with the Rural Municipality to enhance collaboration and move forward with the project agreement.

Recommendations

Based on field observations, discussions with field staff, LRP, and representatives from the Rural Municipality, the M&E team have outlined the following key recommendations to strengthen project implementation and ensure long-term impact:

- a. Enhance pest and disease management:** Conduct targeted training for LRP and farmers on organic and integrated pest management (IPM) techniques to control blight and pest infestations in crops like tomatoes, zucchini, and squash.
- b. Increase field staff engagement:** Ensure all field staff conducts regular visits to farmers to provide on-going support, monitor progress, and maintain up-to-date records for effective follow-up and reporting.
- c. Strengthen coordination with local authorities:** Enhance collaboration with the Rural Municipality and its agriculture section throughout program implementation, ensuring their active involvement in the distribution of seeds, equipment, and saplings.
- d. Promote sustainable and market-oriented home gardens:** SAHAVAGI should continue to focus on establishing sustainable home gardens and promoting organic production by introducing improved techniques. Efforts should aim to increase farmers' income by enabling them to market and sell their produce beyond the local area.
- e. Strengthen the role of LRP:** LRP should focus on providing regular technical support to farmers, promoting organic practices, and ensuring proper record-keeping of services delivered and outcomes achieved. Their active engagement is essential for sustaining home garden initiatives and addressing field-level challenges promptly.

2.21 Participatory Monitoring and Evaluation Program

A Participatory Monitoring and Evaluation (PM&E) program was conducted on 8 May 2025 at the Gaumukhi Rural Municipality Office, Pyuthan, with active participation from key stakeholders. The program was chaired by Mr. Shaligram Sharma, Chairperson, and attended by special guests including Mr. Luk Bahadur Rana, Executive Committee Member of SAHAVAGI; Mr. Ramkrishna Ghimire, Agriculture Expert; the Acting Chairperson of the Rural Municipality; and Mr. Tulsiram Paudel, Chief Administrative Officer. A total of 46 participants took part in the event, including 7 Ward Chairpersons; 4 officials from the Rural Municipality representing the Agriculture, Livestock, and Planning sections; 12 Local Resource Persons (LRPs); 12 farmers; and 3 representatives from the SAHAVAGI Central Office. The PM&E program served as a platform to jointly assess the project's progress, share insights, and strengthen coordination among key stakeholders.

Reflections from the PM&E

- Mr. Shaligram Sharma, Chairperson of SAHAVAGI, presented an overview of the organization, including its introduction, goals, objectives, and a review of its progress.
- During the program, Mr. Nishan Khatri, Field Coordinator of SHIP Pyuthan, along with Local Resource Persons (LRPs) and participating farmers, shared their progress, key achievements, challenges encountered, and lessons learned throughout the implementation period.
- Agriculture expert Mr. Ramkrishna Ghimire presented findings, achievements, challenges, and lessons learned from his monitoring visits to Wards 4, 5, 6, and 7.
- The Acting Chairperson of the Rural Municipality, Chief Administrative Officer, Ward Chairpersons, LRP, Head of the Agriculture Section, and other staff actively participated in the discussion, providing feedback and suggestions based on the progress, achievements, challenges, and lessons presented.
- A total of 46 participants including the Acting Chairperson, Chief Administrative Officer, Ward Chairpersons, Head of the Agriculture Section, other municipal staff, Local Resource Persons (LRPs), SHIP representatives, and three representatives from the central office reviewed and discussed the project during the event.
- The review resulted in improved communication and strengthened coordination among the project team, the rural municipality, and the LRP.
- LRP and participating farmers have begun producing compost by constructing compost pits and collecting organic waste. They have also started applying techniques for preparing and using bio-pesticides and liquid fertilizers.
- Farmers have shown strong interest in planting monsoon fruit saplings. This enthusiasm highlights their commitment to diversifying and enhancing their home gardens.
- For the preparation of jholmol, farmers in Ward 2 face difficulty in collecting urine due to the lack of improved shed. As a result, they have to purchase cattle urine for the process. In response, the elected ward representatives have committed to providing improved shed to facilitate easier urine collection for jholmol preparation..

2.22 Central Office Team Visit to Program Site

SAHAVAGI's central office team, including Office-in-Charge Shubharaj Sharma and Program Officer Saroj Raj Poudel, conducted two field visits to Gaumukhi Rural Municipality, Pyuthan. The first visit took place from October 23 to 30, 2024, and the second from January 20 to 27, 2025. These visits aimed to monitor project progress, support LRP Development Training sessions, train the Social Mobilizer (SM) in GPS usage, and facilitate branch office documentation with the District Administration Office. Accompanied by Agriculture Expert Ramkrishna Ghimire during the second visit, the team engaged in participatory reviews, field monitoring, and strategic meetings with local stakeholders. They also conducted practical sessions on home garden planning and supported half-yearly progress review meetings with Gaumukhi Rural Municipality. The SM received hands-on training in GPS operation, including marking household waypoints and maintaining field diaries, and is now actively engaged in field-level monitoring and supervision.

The visits revealed strong municipal interest in collaboration and growing community enthusiasm for home gardening. However, communication gaps between SAHAVAGI staff and ward officials were noted, with duplication risks identified. Regular updates to ward representatives, both verbal and written, were recommended, along with the creation of model home gardens at official residences

to strengthen cooperation. While farmer engagement was high, gaps in LRP capacity and reference materials were evident. Provision of handbooks and ongoing facilitation were advised to enhance their technical delivery. The team recommended cluster-based home garden development for efficiency, scaling sustainability, and improving marketing potential especially given the municipality's new monthly market day which shows promise for local produce sales. Recommendations also included tailoring seed distribution to garden size, conducting proper needs assessments before providing tools or inputs, and training interested farmers in seedling production to meet demands for fruit, fodder, and medicinal plants. A draft MOU was presented to formalize partnership with the Rural Municipality, with follow-up planned for its finalization. All recommendations and suggestions provided during the visits have since been actively followed up and gradually implemented by the field staff to ensure effective progress and impact at the community level.

2.23 SAHAVAGI Agriculture Expert Visit to Program Site

SAHAVAGI's Agriculture Expert Ramkrishna Ghimire conducted two field visits to the Sustainable Home Garden Initiative Project (SHIP) sites from May 2–10 and June 15–30, 2025. During these visits, he supported the field office by providing technical backstopping, conducting hands-on training on layout planning and pit digging for perennial fruit sapling plantation, and guiding LRPs, farmers, and social mobilizers on sustainable home garden practices. He inspected the home garden plots established by both farmers and LRPs across all wards, observed the utilization of distributed vegetable seeds and materials, and offered practical feedback and recommendations to enhance implementation quality. Additionally, he distributed saplings according to farmers' needs and facilitated training sessions to strengthen the capacity of field-level actors.

The expert actively engaged with rural municipality representatives, ward officials, and stakeholders to review the project's progress, challenges, and learning, helping foster improved coordination and mutual understanding. He also participated in and supported the annual progress review meeting of the SHIP project. Through interactive discussions and regular field observations, he helped identify gaps and solutions, ultimately enhancing the effectiveness of the initiative. His direct engagement with farmers across all project wards provided valuable insights into the local context and reaffirmed community ownership and interest in the program.

Suggestions from Agriculture Expert

- The field team should prepare a time schedule and conduct regular monitoring by the three staff members to facilitate the adoption of technologies by LRPs and farmers.
- To control the spread of diseases in home gardens, effective organic methods should be promoted, and in cases of severe infestations that could destroy the crops, organic pesticides that do not harm human health should be used to protect the crops.
- Since some LRPs and farmers have developed exemplary sustainable home gardens, organizing exposure visits for LRPs and farmers from other areas to these model sites would make the program more effective.
- LRPs and field staff should coordinate with ward chairpersons and members at the local level. Doing so will enhance cooperation and the overall effectiveness of the program.
- LRPs and staff should also coordinate with local health volunteers, teachers, and respected community members to help establish model home gardens at their homes, which will further strengthen support and impact of the program.

- Fruit, fodder, and herbal saplings in demand for sustainable home gardens should be produced locally in community nurseries to ensure easy availability and reduce the need for long-distance transportation

2.24 Annual Review Meeting with RM

The Annual Progress Review Meeting for the Sustainable Home Garden Initiative Project (SHIP) was held on June 28, 2025, at the Gaumukhi Rural Municipality Office, Pyuthan. The meeting was chaired by Mr. Ramkrishna Ghimire, General Member and Agriculture Expert of SAHAVAGI Central Office. A total of 36 participants attended, including the Vice Chairperson and Chief Administrative Officer of the Rural Municipality, chairpersons from six wards, one ward member, two staff from the municipality's agriculture section, seven other municipal staff, eleven Local Resource Persons (LRPs), three field office staff, and two representatives from SAHAVAGI's central office.

Activities and Suggestions

- Program Officer Hari Prasad Acharya facilitated the meeting, during which Field Coordinator Nishan Khatri provided a transparent and detailed presentation of the activities completed over the past year. This enabled rural municipality and concerned stakeholder to gain a clear and comprehensive understanding of the SHIP project's progress.
- Presentation of the upcoming year's plan to the Rural Municipality and Local Resource Persons (LRPs).
- Productive discussions with rural municipality focused on the organization's achievements, challenges, and lessons learned, fostering enhanced collaboration and coordination.
- Ward officials emphasized that LRP should closely monitor the care and weeding of quality fruit saplings and guide farmers to ensure proper maintenance, especially during the monsoon season. This will help maximize sapling survival and growth.
- The Head of the Agriculture Section emphasized that SAHAVAGI and the Rural Municipality should coordinate their efforts and avoid duplication of work to achieve better outcomes.
- The Rural Municipality has committed to providing matching funds for covered households in the upcoming fiscal year's budget and is positive about properly allocating the necessary resources to support the project throughout the year.

3.0 CHALLENGES AND WAY OUTS

Challenges	Way out
The project location experiences frequent power outages. FC had to adjust work schedules. Occasionally, instant communication is disturbed with central office.	Field office is now equipped with power backup support.
Farmers, LRP candidates, and RM representatives have high expectations for substantial resources from the project	Regular interactions, coordination, and dialogue with local leaders, RM representatives, and farmers helped clarify the project's scope.
Landslides and extreme weather events, including a national monsoon-related disaster, delayed the office setup by 10 days.	Travel was restricted during extreme weather events, and baseline work and thorough coordination with RM was continuous.
Farming is a seasonal activity; as such, seed and sapling distribution did not occur during the off-season months of the year when planting is not feasible	Seed and sapling distribution was carried out during the appropriate planting season
The training budget did not include allowances or transportation support, leading to dissatisfaction among LRPs.	We allocated funds from the LRP mobilization budget to address the issue during the training, as they dedicated their time.
One LRP missed the part I of topical training due to hospitalization.	Post-training briefings and materials was provided to ensure he didn't miss key learnings.
Farmers lacked proper tool to prepare and use jholmol (liquid bio-pesticide and fertilizer).	Entire covered farmers HHs have been distributed with plastic drum and hand sprayer.
There were difficulties in distributing fruit saplings due to the diverse geographical conditions.	Field staff and agriculture experts were divided into teams, and a vehicle was hired to transport saplings closer to the LRPs for easier distribution.
Farmers faced difficulties making jholmol (liquid compost) due to inadequate animal shed conditions.	After discussions with ward officials and the Rural Municipality (RM), a separate budget has been allocated in upcoming year for improving animal sheds to facilitate better collection of urine and dung

4.0 LEARNING

a. Strategic Location Boosted Coordination

The proximity of the field office to the Rural Municipality (RM) office significantly enhanced coordination with RM officials, ward representatives, and other stakeholders, ensuring smoother implementation.

b. Strong Community Support and Engagement

Communities have shown high enthusiasm and trust in the SAHAVAGI project, believing in its potential to bring positive changes to livelihoods.

c. Supportive and Optimistic Local Government

The RM demonstrated a strong commitment to the project, viewing it as an opportunity to strengthen agriculture, the rural economy, and community nutrition through collaborative efforts.

d. High Interest in Organic Farming Practices

All farmers showed a positive attitude toward organic farming methods. Among the 398 reached households, 100% have begun preparing and using Jholmol and Compost manure, demonstrating strong acceptance and growing adoption of organic practices.

e. Study Materials as Effective Learning Aids

Distributed study materials proved valuable for LRP, serving as practical reference guides on *Jholmol* preparation, cultivation techniques, and nursery management, which they also used to train peer farmers.

f. Involving Public Representatives Strengthens Ownership

Engaging RM and ward officials in public events such as group meetings and material distributions improved transparency, communication, and a sense of local ownership and accountability.

g. Need for Awareness on New Technologies

Farmers should be continuously informed and motivated to adopt improved planting techniques and technologies for vegetables and fruit saplings.

h. Need for Continued Household Monitoring and Support

For sustainable and well-managed home gardens, ongoing monitoring and support are essential not only for new but also for previously covered households. These households should continue to receive guidance, along with necessary inputs like seeds and saplings, to maintain productivity and long-term impact.

5.0 TARGET VS ACHIEVEMENT (AS PER THE ANNUAL IMPLEMENTATION PLAN)

ACTIVITY/OUTPUTS	ANNUAL TARGET	ACHIEVED	REMARKS
OUTPUT I: Farmers understand the importance of diversifying natural food sources, implement at HH level and practice sustainable soil management	-	-	-
Activity 1.1 Home Garden establishment and management support (seed and technical)	376	398	High demand and strong interest from farmers
Activity 1.2 Fruit sapling purchase and distribution	276	386	High demand from covered HH; fruit planting is seasonal
Activity 1.3 Fodder and cash crops purchase and distribution	336	363	Locally available saplings and seeds used by farmers themselves; budget reallocated to meet high fruit demand
Activity 1.4 Home Garden tools and equipment support for 20% of covered HHs	75	75	Completed
Activity 1.5 LRP selection in collaboration with ward offices	12	12	Completed
Activity 1.6 LRP development basic training (5 days)	1	1	Completed in 2 parts
Activity 1.7 LRP development topical training (7 days)	1	1	Completed in 2 parts
Activity 1.8 LRP mobilization at community level	1152	1130	Early mobilization was limited as LRPs needed time to familiarize with their roles.
Activity 1.9 Monthly field office review meeting to track project progress	12	12	Held regularly each month
OUTPUT 2: Farmers capacity developed to sustain agricultural practices and improve knowledge of post-harvest technology and practices	-	-	-
Activity 2.1 Selection of potential nursery entrepreneur	1	1	Completed
Activity 2.2 Nursery establishment/management supplies provided to nursery farmer	1	1	Completed
Activity 2.3 Nursery management training to one nursery manager from potential line agency office	1	1	Completed
OUTPUT 3: Program management, implementation, monitoring and evaluation of change at local level	-	-	-
Activity 3.1 Project Site selection and preliminary data collection	1	1	Completed
Activity 3.2 Office establishment	1	1	Completed
Activity 3.3 Field coordinator and SM recruitment	2	3	Recruitment completed for FC, SM, and Messenger
Activity 3.4 SWC program approval exercise in Kathmandu	1	1	Completed
Activity 3.5 SWC program approval monitoring	1	1	Completed

and evaluation fee paid				
Activity 3.6 Program approval from Gaumukhi RM	1	1		Completed
Activity 3.7 Program orientation to RM staff, line agencies and political leaders	1	1		Completed
Activity 3.8 Program orientation training to SHIP Staffs	1	1		Completed
Activity 3.9 Program baseline survey	1	1		Completed
Activity 3.10 Participatory program M&E	1	1		Completed
Activity 3.11 SAHAYOGI M&E department Monitoring	1		2	Monitoring done twice to enhance effectiveness.
Activity 3.12 Half yearly and Annual review meeting with RM	2		2	Completed
Activity 3.13 Central staff program meeting, monitoring, coordination and financial evaluation	5		5	Completed

6.0 RESULT CHAIN YEAR I

6.1 Project Training Record

S.N.	Training Title	Year	Date	Venue	Trainer			Participants			Remarks
					M	F	T	M	F	T	
1	Project orientation to SHIP Staffs	2024	Sep-29	Conference hall, RM	1	0	0	7	5	12	Program oriented to stakeholders and LRP in one orientation program
2	Program orientation to RM staff, line agencies and political leaders	2024	Sep-29	Conference hall, RM	1	0	1	10	6	16	
3	LRP Development Basic Training (Part 1)	2024	Oct 25-27	Seminar hall, RM	5	0	5	4	8	12	
4	LRP Development Basic Training (Part 2)	2024	Nov 22-23	Seminar hall, RM	4		4	4	8	12	
5	LRP Development Topical Training (Part 1)	2025	Jan 22-25	LRP hall, Field office	4	0	4	4	8	12	
6	Nursery Management Training	2025	Feb 20-27	Himalayan Permaculture Centre, Chinghad RM	1	1	2	1	0	1	
7	LRP Development Topical Training (Part 2)	2025	March 23-25	LRP hall, Field office	4	0	4	4	8	12	

6.2 Year I LRP Mobilization Record

LRP Code/Ward No	Q1 Days	Q2 Days	Q3 Days	Q4 Days	Year I Total
I		18	38	43	99
2	-	19	38	43	100
3A	-	1	38	43	82
3B	-	1	29	43	73
4A	-	19	24	43	86
4B	-	19	38	43	100
5A	-	19	38	43	100
5B	-	18	38	43	99
6A	-	18	38	43	99
6B	-	19	38	43	100
7A	-	15	38	43	96
7B	-	15	38	43	96
Total (Days)	0	181	433	516	1130

6.3 Year I Home Garden Development Record

Ward	Q1			Q2			Q3			Q4			Grand Total
	M	F	T	M	F	T	M	F	T	M	F	T	
1	-	-	-	2	9	11	4	12	16	7	1	8	35
2	-	-	-	2	10	12	10	6	16	2	6	8	36
3	-	-	-	0	0	0	12	14	26	10	9	19	45
4	-	-	-	17	7	24	15	12	27	7	9	16	67
5	-	-	-	7	16	23	17	15	32	8	11	19	74
6	-	-	-	15	8	23	25	7	32	13	6	19	74
7	-	-	-	8	10	18	14	18	32	5	12	17	67
Total	-	-	-	51	60	111	97	84	181	52	54	106	398

6.4 Compost Pit Establishment Record

Ward	Q1			Q2			Q3			Q4			Grand Total
	M	F	T	M	F	T	M	F	T	M	F	T	
1	-	-	-	2	9	11	4	12	16	7	1	8	35
2	-	-	-	2	10	12	10	6	16	2	6	8	36
3	-	-	-	0	0	0	12	14	26	10	9	19	45
4	-	-	-	17	7	24	15	12	27	7	9	16	67
5	-	-	-	7	16	23	17	15	32	8	11	19	74
6	-	-	-	15	8	23	25	7	32	13	6	19	74
7	-	-	-	8	10	18	14	18	32	5	12	17	67
Total	-	-	-	51	60	111	97	84	181	52	54	106	398

6.5 Jholmol Use Record

Ward	Q1			Q2			Q3			Q4			Grand Total
	M	F	T	M	F	T	M	F	T	M	F	T	
1	-	-	-	2	9	11	4	12	16	7	1	8	35
2	-	-	-	2	10	12	10	6	16	2	6	8	36
3	-	-	-	0	0	0	12	13	25	10	10	20	45
4	-	-	-	17	7	24	14	12	26	8	9	17	67
5	-	-	-	7	15	22	18	15	33	8	11	19	74
6	-	-	-	2	2	4	36	13	49	15	6	21	74
7	-	-	-	0	9	9	24	15	39	7	12	19	67
Total	-	-	-	30	52	82	118	86	204	57	55	112	398

6.6 Seed Distribution Record

Ward	Q1		Q2		Q3		Q4		Year I Total HH	Year I
	Male	Female	Male	Female	Male	Female	Male	Female		
1	-	-	-	-	6	21	5	1	33	-
2	-	-	-	-	12	16	2	4	34	-
3	-	-	-	-	12	14	7	7	40	-
4	-	-	-	-	31	20	7	9	67	-
5	-	-	-	-	24	31	7	9	71	-
6	-	-	-	-	40	15	9	6	70	-
7	-	-	-	-	22	28	5	12	67	-
Total	0	0	0	0	147	145	42	48	382	-
Distribution times per HH per year (Reached HHs/ Yearwise target)		2	First Round Seed list (Current Year): Cucumber, Bitter Gourd, Pumpkin, Capsicum, Tomato, Sponge Gourd, Bottle Gourd, Brinjal, Chilli, Okra, Cowpea, Beans							
Project Target		2	Second Round Seed List (Current Year): - Cauliflower, Cabbage, Broccoli, Leafy vegetables, Raddish, Turnip, Beet root, Coriander, Turnip							

6.7 Fruit Sapling Distribution Record

Ward	Q1		Q2		Q3		Q4		Year I Total HH
	HH	Plants	HH	Plants	HH	Plants	HH	Plants	
1							35	157	35
2							36	173	36
3							40	181	40
4							65	311	65
5							72	364	72
6							72	336	72
7							66	257	66
Total	0	0	0	0	0	0	386	1779	386
Number of Plants Per HH			4.6	Fruits list : Orange, Lemon, Mango, Grapes, Guava, Papaya, Strawberry, Ground Apple, Pineapple, Avocado, Jackfruit, Litchi, Banana, Pomegranate					

6.8 Tools and Equipment Distribution Record

Ward	Q1		Q2		Q3		Q4		Year I Total HH	Year I
	Male	Female	Male	Female	Male	Female	Male	Female		
1	-	-	-	-	2	2	-	2	6	-
2	-	-	-	-	1	3	3	-	7	-
3	-	-	-	-	1	2	3	1	7	-
4	-	-	-	-	6	2	2	2	12	-
5	-	-	-	-	5	3	4	2	14	-
6	-	-	-	-	6	2	3	3	14	-
7	-	-	-	-	4	4	2	5	15	-
Total	0	0	0	0	25	18	17	15	75	-
HH Covered Percentage (Reached HHs/ Year wise target*100)	20	Tools and Equipment list (Current Year): Round 1: Gardening Pipes, Sprinkler, Knapsack Sprayer, Sprayer-2 litre, Watering Can, Secateur, Knife, Rake, trowel, gardening fork Round 2: Drum, Sprayer-2 litre Round 3: - Gardening Pipes, Garden Saw, Pheromone Trap, Measuring Tape, Garden Gloves, Weighing Machine, Watering Can								
Project Target										

6.9 Ward Wise Vegetable Production and Sales

Ward	Total Households	Production (Kg)	Sold (Kg)	Income (NPR)
1	35	5948	490	12820
2	36	14650	1332	64000
3	45	7646	383	10420
4	67	16445	3033	133570
5	74	15870	1692	68940
6	74	16386	1432	64440
7	67	12147	590	33200
Total	398	89092	8952	387390
Average Production (Kg Per HH)	223.85			
Average Sales Per HH (Kg Per HH)	22.49			
Average Selling Price (NPR Per Kg)	43.27			
Average Income (NPR Per HH)	973.34			

7.0 COLLECTION OF STORIES

Date: November 23, 2024

Venue: Training Hall, Gaumukhi RM

Event: LRP Development Basic Training Part 2

I am committed to work with SAHAVAGI

I have studied up to 10+2 and am currently practicing farming in Gaumukhi. Until now, I have been learning on my own without any formal training. This LRP Development Basic Training provided by SAHAVAGI has equipped me with practical knowledge that I can readily apply. I am excited to share what I have learned here with my community members and have already started teaching my farmer friends techniques such as making compost, using jholmol, and cultivating vegetables and fruits effectively. I am committed to work with SAHAVAGI until the termination of SHIP project. There are challenges of engaging farmers with varying levels of knowledge, qualifications, and attitudes. These challenges motivate me to inspire and guide them. To further support farmers, I believe SAHAVAGI should ensure the easy distribution of seeds, saplings, and equipment to enhance our efforts and maximize impact.

-Mohan Giri, LRP, ward no-4, Gaumukhi

Date: October 27, 2024

Venue: Training Hall, Gaumukhi RM

Event: LRP Development Basic Training Part 1

I never knew about biopesticide before

I am grateful to SAHAVAGI for this opportunity to learn and develop as a Local Resource Person (LRP). The session on making Jholmol was particularly useful to me. I never knew about this organic biopesticide before. It has made me realize how much change can be brought about through the use of natural products in farming without exposing us and the environment to hazardous chemicals. I have learned about organic farming, soil health, pest management, and cultivation technology. I am excited to teach other farmers whatever I learned here. This program has empowered us to not only improve our farming practices but also to guide and inspire others in our village to adopt organic methods. As LRP, we are committed to doing our best to bring positive changes to our communities. I see this program as a foundation for establishing home gardens, increasing farmers' incomes, and improving livelihoods in our community, and I am committed to doing my best to bring about these positive changes.

-Ujela KC, LRP, Ward no-5, Gaumukhi

Date: March 3, 2025

Venue: Branch office, Gaumukhi RM

Event: During Nursery Management Training settlement process

I feel confident and more prepared

I am Bishnu Pun, a resident of Lebang, Gaumukhi. Our family has been engaged in agriculture for generations. I've always had an interest in vegetable and fruit farming and had even started a small nursery on my own. But truthfully, I didn't have much practical knowledge. Most of what I tried was based on videos and self-learning, without any real training or field exposure. Things often felt like trial and error.

Recently, with support from SAHAVAGI under the Sustainable Home Garden Initiative Project, I got the chance to attend a week-long nursery management training at the Himalayan Permaculture Centre in Surkhet. This training gave me a much clearer understanding of nursery work. I gained hands-on experience in nursery setup, soil preparation, grafting, and organic methods for managing fruit and vegetable nurseries. I saw successful nurseries for jackfruit, avocado, almond, citrus, and even fodder crops like Napier and mulberry. Now, I feel confident and more prepared. I've started planning to expand my nursery using the techniques I learned-focusing more on fruits and high-value vegetables. There are still challenges like road access and markets, but I believe if we grow in volume and keep moving forward, these problems will slowly get solved.

I'm thankful to SAHAVAGI for giving me this opportunity. This training has given me direction, and I'm ready to take the next steps.

-Bishnu Pun, Nursery Farmer, ward no-6, Gaumukhi

Date: March 10, 2025

Venue: Farmers Home

Event: Field Visit

We have started using improved techniques

I feel proud to be a part of the Sustainable Home Garden Initiative Project (SHIP). With the support and guidance from LRP Kalpana GC, I got the opportunity to understand the concept and importance of a home garden. Previously, we used to grow vegetables without a proper plan, and we didn't even have a separate plot for it. But now, with proper guidance, we've allocated a specific plot for vegetables and started using improved techniques that are more effective than the traditional ones we used to follow. Through Kalpana GC, I was introduced to natural practices like preparing and using jholmol and setting up a compost pit, which have greatly improved soil health and reduced our reliance on chemical inputs. Now, we are planning to separate a portion of our land to grow fruit trees, aiming to diversify our crops. I believe that with support from SAHAVAGI, and encouragement, we can make our home gardens even more productive. I truly appreciate SAHAVAGI's work, especially providing essential tools, quality seeds, and technical knowledge. Moving forward, I am fully committed to continuing the practices I have learned.

-Lal Bahadur Roka, Farmer, Gaumukhi-7

Date: March 11, 2025

Venue: Farmers Home

Event: Field Visit

I am planning to expand vegetable production

I came to know about the valuable work of SAHAVAGI through Mohan Giri, and it truly inspired me. I have always been interested in farming with a commercial mindset, but challenges like poor transportation and lack of access to markets have limited our potential. Despite that, I managed to sell a small amount of cauliflower and cabbage this year. Now, with motivation from SHIP, I am planning to expand my vegetable production, generate more income, and strengthen my home-based farming system. One of the most valuable things I learned through this program is the preparation and use of jholmol. I am now more focused on producing organic vegetables which not only benefits our health but also increases the quality of our produce. In the future, I hope to receive continued support from SHIP—especially in the form of seeds, technical guidance, tools, and equipment. It would be even more helpful if SAHAVAGI could support us by creating market linkages, so we can sell our produce more easily. I am excited to move forward with improved cultivation techniques.

-Januka Sharma, Farmer, Gaumukhi-4, Puja

Date: May 8, 2025

Venue: Gaumukhi Rural Municipality

Event: Participatory Program M&E

Positive Transformations in the Village.

LRPs are providing regular support to farmers who have established sustainable home gardens, and we are witnessing real changes in the village. I am also one of the farmers who has set up a sustainable home garden. Occasionally, we assist LRPAs and fellow farmers during material distributions from the ward. Although the project has distributed many materials, it is important to monitor whether they are being used properly. A group of farmers practicing sustainable home gardening has been formed, and I actively participate whenever the LRPAs invite me, sharing suggestions and ideas.

Compared to before, the enthusiasm among farmers has increased significantly. They are now exploring new technologies and beginning to use modern tools. As a result, we are starting to see an increase in production. These developments mark the beginning of meaningful and positive changes in our village.

-Komal Puri, Acting ward chair person, Gaumukhi-7

Date: June 17, 2025

Venue: Gaumukhi -7

Event: Field Visit

Implementation of the Namaste Model

We have successfully implemented the Namaste Model home gardens in 34 households, using improved technologies to enhance vegetable production. One key innovation is the use of bamboo poles to support climbing vegetables such as tomatoes, bitter gourd, cucumber, bottle gourd, and beans. This method has significantly increased productivity. Farmers have also adopted sustainable practices, including preparing compost fertilizer, applying organic pesticides, collecting cow dung, and digging pits for planting fruit saplings. In the past, people relied on small branches or bamboo sticks for plant support, but with the involvement of agricultural experts in the program, villagers have been introduced to more effective and modern techniques.

The positive results are already visible. In May and June, 12 farmers not only consumed fresh vegetables at home but also sold the surplus in the market, generating additional income. The success of this approach has impressed and inspired others in the community. Moving forward, we plan to expand this model and share the methods with farmers in other areas as well.

-Prakash Khadka, LRP Gaumukhi 7, Narikot.

8.0 LIST OF ABBREVIATIONS

CEO	Chief Executive Officer
F	Female
FC	Field Coordinator
GDG	Global Development Group
GPS	Global Positioning System
HH	Household
HPC	Himalayan Permaculture Centre
IP	Implementing Partner
Kg	Kilogram
LRP	Local Resource Person
M	Male
M&E	Monitoring and Evaluation
PO	Program Officer
Q	Quarter
RM	Rural Municipality
SECARD	Society of Environment Conservation and Agricultural Research Development
SM	Social Mobilizer
SWC	Social Welfare Council
T	Total
TCF	The Charitable Foundation

9.0 REPORTING PERSONNELS INFORMATION

Name, Designation, Office	Roles
Hari Prasad Acharya, Program officer, Central Office	Data/ information collection, write up, compilation and finalization
Nishan Khatri, Field Coordinator- Agriculturist, Branch Office (Pyuthan)	Data/Information provider as needed and provide constructive feedback

10. PHOTO PLATES



SAHAVAGI team with Gaumukhi RM
Chairperson



TCF and SAHAVAGI team with representative
and stakeholders of Gaumukhi RM



Field office situated at 2nd Floor



Glimpse of Baseline Survey



परियोजनाके नाम	परियोजनाके संभावित लाभ जीवनीकृतीकरण	परियोजनाके लाभी	जीवनीकृतीकरण विकास नियम का	कुल लाभका क्र.
Sustainable Home Gardens Initiative Project (SHGP),Punjab	प्रदूषक विनाशक।	2000 वर्षों तक प्रदूषक विनाशक।	1,00,00,00,000 रुपये	1,00,00,00,000

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- वी व्यापारिक व्यवस्था तथा व्यापारिक व्यवस्था, व्यापारिक व्यवस्था, व्यापारिक व्यवस्था।
- वी व्यापारिक व्यवस्था तथा व्यापारिक व्यवस्था, व्यापारिक व्यवस्था।
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Scanned with CamScanner

Approval letter from SWC



Approval letter from District Administrative Office



प्राचीन नं. २८३३

गौमुखी गार्डपालिका गार्ड कार्यपालिकाका कार्यालय

मिति: २०८१/०३/२७

સ્વાતંત્ર્ય સ્વરૂપ

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विषय: कार्यक्रम लिपिका गणितको सम्बन्धमा

उपरोक्त संस्थान्यां ताही संस्थांचो चलानी न. ५१५ मिति २०५९/०२/१५ गंवेती प्रवानुवार अंदेशील ग्रंथालय The Charitable Foundation (TCF), Global Development Group (GDD) र माहाराष्ट्राची संस्थांची विषयाची संस्थान्यांत यश प्रतिक्रिया संचालन उन्हे "Sustainable Home Garden Initiative Project (SHIP), Pyuthan" कार्यक्रम स्विकृत गोप्यांको व्यवहारा कायदानिरीकां साथ व्यवस्थेत छ ।

प्रमुख प्रशासकीय अधिकारी
तुम्हाराम पांडेल
प्रशासन पांडेल
प्रशासन पांडेल

Approval letter from Gaumukhi RM



LRP, Field staffs and Agriculture and Veterinary Section of RM





LRP development basic training part I

LRP development basic training part II



LRP imparting knowledge to prepare Jholmol

Preparation of Jholmol



LRP Development Topical Training Part I Practical Session



SAHAVAGI and TCF team meeting

Half yearly review meeting in RM Office



Distribution of plastic drum and spray to farmers



HG Tools and equipment distribution to 20%



Distribution of watering can to farmers in presence of ward- 3 Chairperson



Seed distribution to farmers by LRP



Field engagement of SM Kashyap Puri-interaction at Farmers Group

Discussion on home garden with farmers of LRP Kalpana G.C



Home garden of farmer Sumitra Malla of ward 5

Nursery Manager Learning Grafting Technique from Agriculture Expert



Field plot of LRP Rabina K.C. of ward 6



Farmer standing proudly in a well-grown vegetable garden



LRP teaching Namaste Model implementation in the field



Farmers applying the Namaste Model in their fields



Successful production of long beans



Harvest of Zucchini from home garden



Successful vegetable production under SHIP with seed support.



Successful tomato production under SHIP with seed support.



Farmers preparing planting pits for fruit trees



Nursery Manager Bishne Pun supplying fruit saplings



Program officer visit to farmer's field



Fruit sapling distribution and guidance to LRP and farmers



Fruit sapling distribution and guidance to LRP s and Farmers

Supporting farmers in planting fruit trees



LRP Mohan Giri selling vegetables to nearby Hotel



From Garden to Plate: Fresh Vegetables from Home Garden



M&E Visit: Interactive Session with LRP and Field Staff



Participatory monitoring and evaluation- involvement of farmers, LRPs and concerned stakeholder of RM



Monthly Coordination Meeting with Field Staff and LRP to Review Progress and Plan Ahead



Group Photo Following the Annual Review Meeting with Municipal Officials, LRP, and Project Stakeholders